



## Upcoming series from *An Arm and a Leg* podcast will teach financial self-defense for the COVID-19 era.

*Show returns on Aug. 6 with “how-to” for medical bills and insurance*

For immediate release: July 28, 2020

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*An Arm and a Leg* — the hit podcast about the cost of health care that’s been downloaded more than 1.6 million times — comes back on August 6, to teach the art of financial self-defense for the age of COVID-19.

“COVID makes this show more relevant than ever: We’ve all got new, urgent questions about what we’ll pay for tests, treatments, vaccines, insurance, holy-moly-you-name-it,” says host and executive producer Dan Weissmann, a former staff reporter for *Marketplace*. “And none of the old problems have gone away.”

Previously released in limited-run seasons, the show will now publish biweekly in an open-ended run. “The pandemic is such a fast-moving target,” Weissmann says. “The science and the numbers keep changing, and so do the rules about who pays, and how much. An open run will let us keep up with all of that.”

Teaching “self-defense” against the cost of health care has been a growing focus for the show. “We’ve always aimed to be more entertaining, empowering and useful than enraging, terrifying and depressing,” Weissmann says. “We keep getting more-focused on that ‘useful’ part.”

The show will also continue to track the costs of COVID and to explore stories and questions from listeners, including new installments in a series called “[Can They Freaking DO That!?](#)”

“I’m not gonna lie. We are not going to win them all,” Weissmann says. “But what I’ve learned is: We don’t have to lose them all either.” **A [new trailer is here](#) or on any podcast app.**

Joining the show for the first time is series editor Marian Wang, a senior producer for HBO’s *Last Week Tonight with John Oliver* and a former investigative reporter for ProPublica.

“When I got Marian’s email, saying she was interested in working with the show, I was like, ‘Holy s---. YES!’” Weissmann recalls. “Our work and our interests are in perfect alignment.”

*An Arm and a Leg* has won praise from outlets like the *New York Times*, *Slate* and *The AV Club*. Almost 600 listeners support the show financially [via Patreon](#). The show was a 2020 [Webby finalist](#) and in 2019 won a second-place award as—no kidding— a “[True Crime Podcast](#).”